



Project LIFE

THE OFFICIAL NEWSLETTER OF PROJECT LIFE-WYANDOT COUNTY



The interns started their final rotation of this program year at Walmart in Upper Sandusky. Peyton and Rayne have been zoning while working at Walmart. What is zoning? At Walmart, zoning refers to straightening and cleaning shelves, ensuring items are properly placed and facing forward for easy customer access, and gathering misplaced items. Peyton and Rayne help maintain a clean, organized, and appealing shopping environment and make it easier for customers to find what they need. They cannot wait to see what else they will learn during their time there!



IN THIS ISSUE:

→ W A L M A R T
R O T A T I O N

→ D D
A W A R E N E S S
M O N T H

→ H O W T O
S E C T I O N

→ S U B S C R I B E T O
P R O J E C T L I F E
N E W S L E T T E R

Project LIFE is a program for young people transitioning to adulthood. Project LIFE is operated by
Wyandot County DD.



DD Awareness Month:

March is Developmental Disabilities month. Wyandot County Project LIFE was in full swing for events. WYCBDD partnered with Wyandot Lanes for a bowling kick-off event. The interns spent their time, aside from the job site, prepping for the closing event, the Color Fun Run. This is the second year and the interns played a large role in preparing for the event. The interns made t-shirts for participants to purchase at the Color Fun Run. This included “weeding” out unnecessary vinyl, pressing each shirt and making sure to keep all of them well organized. Rayne and Peyton helped paint the boards for participants to put their faces through to become their very own superhero. These two put a lot into making this event a success. We could not be more proud of them!



"How to" with: PROJECT LIFE

CREATING A SHORT-TERM GOAL

A short-term goal is something you aim to achieve within a short time frame, typically within a few months or a year. Sometimes these can be a stepping stone towards a larger, long-term goal.



EXAMPLES OF SHORT-TERM GOALS:

- CREATE A MORNING ROUTINE
- CREATE A BUDGET
- LEARN ABOUT NEW TECHNOLOGY
- IMPROVE PRODUCTIVITY
- COMMUNICATE MORE EFFECTIVELY



Tips for achieving short-term goals:

- Break them down into smaller, manageable steps
- Prioritize tasks
- Track your progress
- Stay motivated by celebrating small wins

To subscribe to the newsletter or for more information about Project LIFE, contact Rachel Pool at:

Phone Number: 419-294-4901

E-mail: rpool@wycbdd.org

WWW.WYCBDD.ORG/TRANSITION